East Coast Karate
of the YOCUM INSTITUTE

EAST COAST KARATE
AT-A-GLANCE SCHEDULE

effective 9/5/2023

Time	MONDAY	MONDAY	TUESDAY	TUESDAY	WEDNESDAY	THURSDAY	THURSDAY	FRIDAY	SATURDAY
	STUDIO 1	STUDIO 6	STUDIO 1	STUDIO 6	STUDIO 6	STUDIO 1	STUDIO 6	STUDIO 6	STUDIO 5
4:30									PROMOTION
4:45									CEREMONY
5:00		Little Kuma A		Little Kuma C	Little Kuma A		Little Kuma C		Held the day
5:15		5:00-5:30		5:00 - 5:30	5:00-5:30		5:00 - 5:30		after testing
5:30	Intro class	Orange &		Orange &	Orange &		Orange &	TESTING	10:30 AM
5:45	Every 3rd Monday	Intermediate Kids A	Little Kuma B	Intermediate Kids B	Intermediate Kids A	Little Kuma B	Intermediate Kids B	3rd Friday every	
6:00	5:30 - 6:30	5:30-6:15	5:45 - 6:15	5:30-6:15	5:30-6:15	5:45 - 6:15	5:30-6:15	other month	
6:30		White Belt &	White Belt &	White Belt &	White Belt &	White Belt &	White Belt &	5:30 and 6:30	*BELT*
6:45		Yellow Belt Kids A	Yellow Belt Kids C	Yellow Belt Kids B	Yellow Belt Kids A	Yellow Belt Kids C	Yellow Belt Kids B		*CLUB*
7:00		6:15-7:00	6:15-7:00	6:15-7:00	6:15-7:00	6:15 - 7:00	6:15-7:00		3rd Saturday
7:15		All Adults		All Adults	All Adults				6:00-8:00
7:30		7:00-8:00		7:00-8:00	7:00-8:00				
7:45									
8:00					Kobujutsu				
8:15					8:00-8:45				
8:30									
8:45									