

SPRING 2024 CLASS DESCRIPTIONS

2024 Spring Matrix

Feb 5 - June 9 (14 Weeks + dress rehearsal/picture night for recital classes)

Tentative Recital: Save the Dates: Sat & Sun, June 8 & 9. Specific date TBD.

Adult Classes, Technique Only and Tumble Classes run 14 WEEKS

Costume Cost for Recital Classes are \$80 and include new tights (if applicable) and all accessories. We do our absolute best to REUSE costumes for the same class in the Spring semester. (*Competition Costume Costs vary \$85+)

2023-2024 Pricing:

30 min. Member Class \$160 ~ Non-Member Class \$170 *4 payment monthly \$42.50
45 min. Member Class \$205 ~ Non-Member Class \$215 *4 payment monthly \$53.75
60 min. Member Class \$240 ~ Non-Member Class \$250 *4 payment monthly \$62.50

CLASS DESCRIPTION FOR RECREATIONAL CLASSES FOR Spring 2024

INTRODUCTORY AND SAMPLER CLASSES

Mommy and Me Dance Class (Ages 2 or 3 with a caregiver)

Ms Kristina

***March 6 start date (*7 weeks)**

Join us for a fun introductory movement class with Mommy! (or Dad or Grandma etc :) We will all move and groove to sing along songs, incorporating toys, and props. Together we will explore rhythms and acclimate our youngest dancers to the classroom environment while modeling social dance class etiquette. This is a non-recital-based class. No costume and no performance. Just socialization, movement, music and fun!

Wednesdays, 4:30-5:00pm

Studio: 3

30 min class - 7 weeks - \$85

Max: 8

March: 6,13, 20 April: 10,17,24 May 1

Toddler Tunes (Ages 3-4)

Katrina Robbins

Introductory level combination class of tap and ballet to child friendly tunes and our favorite childhood soundtracks. This is a great beginner level class for music, movement, and skill development.

Shoes & cost: Suntan colored Taps (\$25) and Pink Ballet shoes (\$20) (no slippers please)

Apparel for class: Any color leotard with pink tights. Skirts and or tutus are optional. For your convenience all shoes and apparel can be sized, ordered and delivered through us within a week.

1A: Wednesday 5:00-5:30 pm

1B: Wednesday 5:30-6:00 pm

1C: Wednesday 6:00-6:30 pm

1D: Wednesday 4:30-5:00 pm

Studio: 1

30 min class - Semester: \$170; Monthly: \$42.50

Max: 8

Sampler Remix (Ages 5-6)

Rylie Campbell or Katrina Robbins

Introductory level combination class of tap and jazz to child friendly tunes and our favorite childhood soundtracks. Beginner Tumble skills are introduced and practiced. Jazz and Tap choreography will be rotated weekly.

Shoes & cost: Taps (\$25) and Ballet (\$20)

Apparel for class: Any color leotard with pink tights and a skirt.

A: Monday, 6:00-7:00pm (Rylie) Studio 4

B: Wednesday, 6:30-7:30pm (Katrina) Studio 1

60 min class - Semester: \$250; Monthly: \$62.50

Max: 10

Sampler Mash-Up (Ages 5-6)

Katrina Robbins

Introductory level combination class of tap and ballet infused with some jazz elements to child friendly tunes and our favorite childhood soundtracks. Beginner Tumble skills are introduced and practiced.

Ballet and Tap choreography will be rotated weekly.

Shoes & cost: Taps (\$25) and Ballet (\$20)

Apparel for class: Any color leotard with pink tights and a skirt.

Tuesday, 4:45-5:45pm

Studio: 1

60 min class - Semester: \$250; Monthly: \$62.50

Max: 10

ADULT CLASSES

Adult Ballet (Ages 16+)

Holly James

For anyone who has ever wanted to experience ballet, late beginners, childhood dancers, come and enjoy the relaxing exercise of ballet class and learn ballet technique. 14 week class. NO RECITAL PERFORMANCE.

Wednesday, 6:45-7:45pm

Studio: 2

60 min class - Semester: \$250; Monthly: \$62.50

Max: 12

Adult Tap (Ages 18+)

Kelly McDonough

It's Back! Join us for our Adult Only Tap Class. Move and Groove your way to a healthier you! No experience necessary, but a sense of humor required! 14 week class. NO RECITAL PERFORMANCE.

Shoes & Cost: Black tie taps \$35, and comfortable attire.

Monday, 7:00-7:30 pm

Studio: 3

30 min class - Semester: \$170; Monthly: \$42.50

Max: 12

BALLET

Ballet & Lyrical Combo Class (Ages 7+)

Emily Antonio

Pre-Requisite: Combo class Ballet and/or age 6+

An introduction to the art of both Ballet and Lyrical focusing on age appropriate choreography, beginner technique and terminology. This class will only feature one recital performance in the Lyrical genre, therefore only one costume will be required.

Shoes & Cost: Stretch Ballet shoes (\$30)

Apparel for class: Pink tights (\$10) & black leotard (\$18-30)

Thursday, 6:30-7:30pm

Studio: 2

60 min class - Semester: \$250; Monthly: \$62.50

Max: 12

Ballet 1 (Ages 7+)

Holly James

Pre-Requisite: Combo class Ballet and/or age 7+

An introduction to the art of Ballet focusing on choreography, technique and terminology.

Shoes & Cost: Stretch Ballet shoes (\$30)

Apparel for class: Pink tights (\$10) & black leotard (\$18-30)

Tuesday, 5:30-6:15pm

Studio: 2

45 min class - Semester: \$215; Monthly: \$53.75

Max: 10

Ballet 2 (Ages 9+)

Karis Guzman

Continued practice of beginner/intermediate ballet focusing on technique, terminology, and barre work. *SKILL BASED PLACEMENT

Shoes & Cost: Stretch Ballet shoes (\$30)

Apparel for class: Black leotard (\$16-30) Pink tights (\$10), hair pulled back into a secure bun.

Tuesday 5:45-6:45pm

Studio: 3

60 min class - Semester: \$250; Monthly: \$62.50

Max: 12

Ballet 3 (Ages 11+ w/experience)

Holly James

Pre-Requisite: Ballet 2, 2+ years OR Instructor placement

Continued practice of intermediate ballet focusing on technique, terminology, and barre work. It is common to stay in each Ballet level at least 2 years before mastering specific position placement and skills. *SKILL BASED PLACEMENT

Shoes & Cost: Stretch Ballet shoes (\$30)

Apparel for class: Black leotard (\$18-30) Pink tights (\$10), hair pulled back into a secure bun.

Tuesday 6:45-7:45pm

Studio: 2

60 min class - Semester: \$250; Monthly: \$62.50

Max: 10

B5 Pre Pointe (Ages 14+ with 6-8 years experience and Instructor approval)

Karis Guzman

Pre-Requisite: 6-8+ years experience AND Instructor placement. Must be taken in conjunction with Adult Ballet and or Ballet 4.

Continued practice of intermediate/advanced ballet focusing on technique, terminology, and barre work. It is common to stay in each Ballet level at least 2 years before mastering specific position placement and skills. *SKILL BASED PLACEMENT

Shoes & Cost: Stretch Ballet shoes (\$30) Pointe shoes ONLY upon instructor approval \$ varies.

Apparel for class: Black leotard (\$18-30) Pink tights (\$10), hair pulled back into a secure bun.

Tuesday 5:15-5:45

Studio: 4

45 min class - Semester: \$215; Monthly: \$53.75

Max: 10

BOYS ONLY CLASSES

Boys Break it Down (Ages 5-6)

Johan Cruz

Athletic-style boys Hip Hop choreography mixed with basic break dance moves/skills.

Apparel for class: Athletic sneakers, comfortable clothing

Monday 5:30 -6:00pm

30 min class -Semester: \$170

Monthly: \$42.50

Studio: 2 Max: 12

Boys Break it Down (Ages 7-10)

Johan Cruz

Athletic-style boys Hip Hop choreography mixed with basic breakdance moves/skills.

Apparel for class: Athletic sneakers, comfortable clothing

Monday 6:00-6:30pm

30 min class -Semester: \$170

Monthly: \$42.50

Studio: 2 Max: 12

Boys Break it Down (Ages 11+)

Johan Cruz

Athletic-style boys Hip Hop choreography mixed with basic break dance moves/skills.

Apparel for class: Athletic sneakers, comfortable clothing

Monday 6:30 -7:30pm

45 Min -Semester: \$250

Monthly: \$62.50

Studio: 2 Max: 12

HIP-HOP

Hippity Hop (Ages 5-6)

Emily Antonio & Rylie Campbell

Introductory and age appropriate hip-hop class.

Shoes & cost: Tan Jazz Shoes (\$35)

Apparel for class: Leotard with Dance shorts, pants, or leggings with tan jazz shoes.

Section A: Monday, 5:00-5:30 pm | Rylie Campbell Studio: 4

Section B: Monday, 5:30-6:00 pm | Rylie Campbell Studio: 4

Section C: Tuesday, 5:45-6:15 pm | Emily Antonio Studio: 5

Section D: Thursday, 6:00-6:30pm | Emily Antonio Studio: 2

30 min class - Semester: \$170; Monthly: \$42.50

Max: 8

Hip Hop (Ages 7-8)

Erica Hassler

Age appropriate Hip Hop choreography

Prerequisite: Hippity Hop preferred but not necessary

Shoes & Cost: Instructor preference Hip Hop Sneaks or Boots for costume (\$50) (athletic footwear for weekly class)

Apparel for class: Any comfortable athletic/dancewear including regular sneakers until recital

Section A: Thursday 4:30-5:00 pm

Section B: Thursday 5:00-5:30 pm

30 min class - Semester: \$170; Monthly: \$42.50

Studio: 5 Max: 12

Hip Hop (Ages 9-10)

Erica Hassler

Age appropriate Hip Hop choreography

Prerequisite: Hip Hop (Ages 7-9) preferred but not necessary

Shoes & Cost: Instructor preference Hip Hop Sneaks or Boots for costume (approx \$50) (athletic footwear for weekly class)

Apparel for class: Any comfortable athletic/dancewear including regular sneakers until recital

Section A: Thursday 5:30-6:00 pm

Section B: Thursday 6:00-6:30 pm

30 min class - Semester: \$170; Monthly: \$42.50

Studio: 5 Max: 12

Hip Hop (Ages 11-12)

Andria Berkley

Age appropriate Hip Hop choreography

Prerequisite: Hip Hop (Ages 9-10) preferred but not necessary

Shoes & Cost: Instructor preference Hip Hop Sneaks or Boots for costume (approx \$50) (athletic footwear for weekly class)

Apparel for class: Any comfortable athletic/dancewear including regular sneakers until recital

Tuesday 5:15-5:45 pm

30 min class - Semester: \$170; Monthly: \$42.50

Studio: 1 Max: 15

Teen Hip Hop (Ages 13+)

Ashley Proietto

Age appropriate Hip Hop choreography

Prerequisite: Hip Hop 11-12 preferred but not required.

Shoes & Cost: Instructor preference Hip Hop Sneaks or Boots for costume (approx \$50) (athletic footwear for weekly class)

Apparel for class: Any comfortable athletic/dancewear including regular sneakers until recital

Thursday 5:00-5:30pm

30 min class -Semester: \$170

Monthly: \$42.50

Studio: 4 Max: 20

JAZZ

Jazz 5/6 (Ages 5-6)

Emily Antonio

Age appropriate jazz technique and choreography.

Pre-Requisite: Currently enrolled in a ballet class is highly recommended but not required.

Shoes & Cost: Tan Jazz Shoe (\$35)

Apparel for class: Leotard, Dance shorts, pants, or leggings with jazz shoe

Thursday 5:30-6:00pm

30 min class -Semester: \$170

Monthly: \$42.50

Studio: 2 Max: 10

Jazz 7/8 (Ages 7-8)

Emma Flammer

Age appropriate jazz technique and choreography.

Pre-Requisite: Currently enrolled in a ballet class is highly recommended but not required.

Shoes & Cost: Tan Jazz Shoe (\$35)

Apparel for class: Leotard, Dance shorts, pants, or leggings with jazz shoe

A: Thursday 4:30-5:00pm

B: Thursday 5:00-5:30pm

30 min class -Semester: \$170

Monthly: \$42.50

Studio: 3 Max: 12

Jazz 9/10 (Ages 9-10)

Emma Flammer

Age appropriate jazz technique and choreography.

Pre-Requisite: Currently enrolled in a ballet class is highly recommended but not required.

Shoes & Cost: Tan Jazz Shoe (\$35)

Apparel for class: Leotard, Dance shorts, pants, or leggings with jazz shoe

A: Thursday 5:30-6:00pm

B: Thursday 6:00-6:30pm

30 min class -Semester: \$170

Monthly: \$42.50

Studio: 3 Max: 12

Jazz 11/12 (Ages 11-12)

Andria Berkley

Age appropriate jazz technique and choreography.

Pre-Requisite: Currently enrolled in a ballet class is highly recommended but not required.

Shoes & Cost: Tan Jazz Shoe (\$35)

Apparel for class: Dance shorts, pants, or leggings with jazz shoe

Tuesday 4:45-5:15 pm

30 min class -Semester: \$170

Monthly: \$42.50

Studio: 5 Max: 12

Teen Jazz (Ages 13+)

Rylie Campbell

Age appropriate jazz technique and choreography.

Pre-Requisite: Currently enrolled in a ballet class is highly recommended but not required.

Shoes & Cost: Tan 1/2 Soles (\$30)

Apparel for class: Leotard, Dance shorts, pants, or leggings with jazz boots

Tuesday 5:45-6:15pm

30 min class -Semester: \$170

Monthly: \$42.50

Studio: 4 Max: 20

LYRICAL

(all lyrical classes must be taken in conjunction with the coordinating level Ballet class)

Lyrical 1 (Ages 7-9)

Emily Antonio

Introduction to the lyrical style of dance.

Pre-Requisite: Must be taken in conjunction with Ballet 1 for Ages: 7+

Shoes & cost: Suntan Jazz Boots (\$35)

Apparel for class: black leotard, tights, skirts or dance shorts with jazz shoes.

Tuesday, 6:15-7:00 pm

45 min class -Semester: \$215

Monthly: \$53.75

Studio: 5 Max: 10

Lyrical 2 (Ages 8-12)

Emily Antonio

Continued practice of beginner/intermediate Lyrical Dance.

Pre-Requisite: Must be taken in conjunction with Ballet 2 and/or instructor approval

Shoes & Cost: Suntan Jazz shoes (\$35)

Apparel for class: Black leotard, tights, skirts or dance shorts with jazz boots.

Tuesday 7:00-7:45 pm

60 min class -Semester: \$250

Monthly: \$62.50

Studio: 5 Max: 10

Lyrical 3 (Ages 12+)

Emily Antonio

An advanced level of lyrical challenging students to master the technical and emotional aspects of contemporary and lyrical dance for Ballet 3 and Ballet 4 students.

Pre-Requisite: Ballet 3 Must be taken in conjunction with Ballet 3 and/or Ballet 4 w instructor placement.

Shoes & Cost: Instructor preference. TBD: Suntan Jazz Boots (\$35) or leather half soles (\$30).

Apparel for class: Pink tights (\$10) & black leotard (\$18-\$30)

Tuesday, 7:45-8:30pm

45 min class -Semester: \$215; Monthly: \$53.75

Studio: 5 Max: 12

MUSICAL THEATRE

Musical Minis (ages 5-8)

Miss Becca

Who doesn't love a good musical theater number? This class will highlight introductory technique but focus on FUN! Combine jazz and Broadway style dance genres to recreate some of our favorite show tunes and scenes.

Apparel: comfortable fitness/ dance attire. Shoes: Instructor discretion

Tuesday, 6:15-6:45pm

30 min class - Semester: \$170; Monthly: \$42.50

Studio: 1 Max: 10

Musical Theater (ages 8+)

Kristina Denis

Who doesn't love a good musical theater number? This class will highlight introductory technique but focus on FUN! Combine jazz and Broadway style dance genres to recreate some of our favorite show tunes and scenes.

Apparel: comfortable fitness/ dance attire. Shoes: Instructor discretion

Wednesday, 5:30-6:15pm

45 min class - Semester: \$215; Monthly: \$53.75

Studio: 3 Max: 10

TAP

Beginner Tap (Ages 7+)

Kelly McDonough

Introduction of Tap rhythms while learning basic fundamentals.

Pre-Requisite: Pre-School Combo class preferred but not necessary.

It is common to stay in the same tap level for multiple consecutive years as the class will be challenged as a group overall. The level itself will change each year of experience while the class title may not. The instructor will communicate to the student individually if he or she is ready for the next level.

Shoes & Cost: Black Tie Tap (\$35)

Apparel for class: Leotard or tank with jazz shorts or pants with proper black tap shoes

Monday 6:30-7:00pm

30 min class -Semester: \$170; Monthly: \$42.50

Studio: 3 Max: 12

Intermediate Tap (Ages 10+)

Kelly McDonough

Continued progressions of Tap rhythms while balancing the basic fundamentals. *SKILL BASED PLACEMENT. It is common to stay in the same tap level for multiple consecutive years as the class will be challenged as a group overall. The level itself will change each year of experience while the class title may not. The instructor will communicate to the student individually if he or she is ready for the next level. (*Currently all Int Tap students from Spring 22 should re register for Intermediate Tap for Fall 22)

Pre-Requisite: Beginner Tap and or instructor placement

Shoes/cost: Black Tie Tap Shoe (\$35)

Apparel for class: Leotard or tank with jazz shorts or pants with tap shoes

Monday 6:00-6:30pm

30 min class -Semester: \$170

Monthly: \$42.50

Studio: 3 Max: 12

Intermediate/Advanced Tap (Ages 12+)

Kelly McDonough

Continued progressions of Tap rhythms while balancing the basic fundamentals. *SKILL BASED PLACEMENT. It is common to stay in the same tap level for multiple consecutive years as the class will be challenged as a group overall. The level itself will change each year of experience while the class title may not. The instructor will communicate to the student individually if he or she is ready for the next level.

Pre-Requisite: Intermediate Tap and Instructor Placement

Shoes & Cost: Black Tie Tap (\$35)

Apparel for class: Leotard or tank with jazz shorts or pants with proper black tap shoes

Monday 5:15-6:00pm

45 min class -Semester: \$215

Monthly: \$53.75

Studio: 3 Max: 12

Advanced Tap (Ages 14+)

Kelly McDonough

Advanced progressions of Tap rhythms while mastering the basic fundamentals. *SKILL BASED INSTRUCTOR PLACEMENT. It is common to stay in the same tap level for multiple consecutive years as the class will be challenged as a group overall. The level itself will change each year of experience while the class title may not. The instructor will communicate to the student individually if he or she is ready for the next level.

Pre-Requisite: Intermediate/Advanced Tap 3+ years and or instructor placement

Shoes & Cost: Black Tie Tap Shoe (\$35)

Apparel for class: Leotard or tank with jazz shorts or pants with tap shoes

Monday 7:30-8:15 pm

45 min class -Semester: \$215

Monthly: \$53.75

Studio: 3 Max: 10

TUMBLE

Tumble Time (Ages 3-5) *14 week semester

Karis Guzman & Jacie Pietrobone

This class is an introduction to beginner tumble basics. Tumble time is meant to teach children the importance of flexibility, balance and body control in a fun and safe environment. We work on kicks, forward rolls, back bends, and introduce cartwheels. 14 week class. NO RECITAL PERFORMANCE.

***Must be potty trained.**

Apparel for class: Comfortable athletic attire.

A: Monday 4:30-5:00 pm

B: Monday 5:00-5:30 pm

C: Monday 4:00-4:30 pm

30 min class -Semester: \$170

Monthly: \$42.50

Studio: 5 Max: 8

Tumble 1 (Ages 6-10) *14 week semester

Karis Guzman & Jacie Pietrobone

This is an intro class for beginner tumble skills for ages 6+ who can do a cartwheel. Tumble 1 works on building the fundamental skills needed to tumble. We work on flexibility and balance, pike and straddle rolls, backward rolls, cartwheels, roundoffs, and handstands. 14 week class. NO RECITAL PERFORMANCE.

Apparel for class: Comfortable athletic attire

A: Monday 5:30-6:00 pm

B: Monday 6:00-6:30 pm

30 min class -Semester: \$170

Monthly: \$42.50

Studio: 5 Max: 8

ADAPTED DANCE

Dance Without Limits (Ages 13+) Begins Feb 16, 2024

Debbi Silas

This group performance class is designed for teens through young adults (13+) with special needs. The students should be independent movers, who are able to follow directions and communicate with their teacher and peers. The class teaches balance, strength and movement in a warm, friendly, interactive environment. A detailed schedule for the full semester will be emailed to all participants at the beginning of the semester.

Friday, 4:30-5:30 pm

60 min class -Semester: \$130

Monthly: \$32.50

Studio: 5 Max: 15

Modified Semester Schedule

February 16, 23

March 1,8,15

April 5, 12, 19,26

May 3,10,17, 31

June 7

