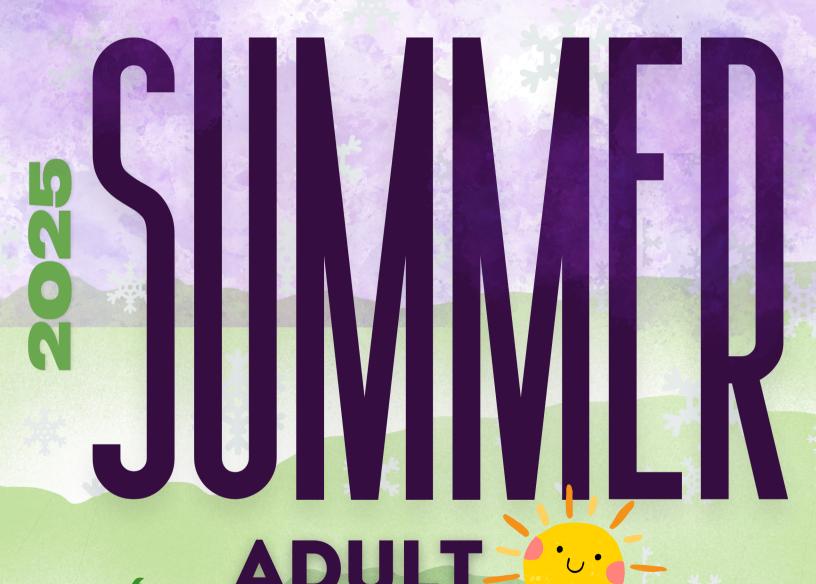




COURSE CATALOG









JUNE 2025										
SUN	MON	TUE	WED	THU	FRI	SAT				
1	2	3	4	5	6	7				
8	9	10	11	12	13	14				
15	16	17	18	19	20	21				
22	23	24	25	26	27	28				
29	30									

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www.yocuminstitute.org | 610-376-1576 | 3000 Penn Ave West Lawn 19609

JULY 2025							
SUN	MON	TUE	WED	THU	FRI	SAT	
		1	2	3	4	5	
6	7	8	9	10	11	12	
13	14	15	16	17	18	19	
20	21	22	23	24	25	26	
27	28	29	30	31			







MELODY MAKERS (SPECIAL NEEDS ADULTS)

Ages 18+ | June 18 - July 30 (7 weeks) | Amanda Cardinal

This music therapy group provides a welcoming and inclusive space for adults with special needs to connect through music. The focus is on song recreation, sing-along activities, and exploration of small instruments. Participants engage in meaningful musical interactions that promote self-expression, social connection, and a sense of accomplishment, all while having fun in a supportive environment!

Wednesdays | 12:00-1:00pm \$140| \$130 Members

MANAGING STRESS & ANXIETY: HARP GUIDED MEDITATION Ages 13+ | Wendy Thompson

Join us for an hour of letting go! There will be guided meditation using harp music. The gentle nature of the harp can help reduce stress and anxiety by lowering your heart rate, blood pressure and cortisol levels. The beautiful vibrations from the harp will give you a sense of tranquility.

Session 1: Wednesdays |June 18 - July 2 (3 weeks) | 6:30-7:30pm | \$75 / \$65 Members Session 2: Wednesdays | July 16 - Aug 6 (4 weeks) | 6:30-7:30pm | \$100 / \$90 Members

RECREATIONAL MUSIC MAKING: ADULT GROUP PIANO LESSONS 101

Ages 18+ | June 19 - July 31 (7 weeks) | Millie Eben No experience or instrument needed

Have you ever wished you could play the piano? Do you want a stress-free musical experience? Do you enjoy keyboard, organ and piano music? This class is designed for adults looking for stress-free group piano lessons that are focused on providing a musical education that is socially engaging and simple for beginners. You'll learn the basics of note and rhythm reading as well as how to play with chords and create your own music.

Thursdays | 7-8pm \$140 | \$130 Members

\$70 Senior Price (55+)

RECREATIONAL MUSIC MAKING: ADULT GROUP PIANO LESSONS 102

Ages 18+ | June 19 - July 31 (7 weeks) | Millie Eben

Recreation Music Making Piano Class 102 is designed for adults who have completed the Recreational Music Making Piano Class 101. Continue your learning in a relaxed stress- free environment. Come join the fun! **Thursdays | 10-11am \$140 | \$130 Members \$70 Senior Price (55+)**

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A comprehensive exploration in the art of photography. Beginning with the basics and then applying composition theory in the field to capture beautiful scenes, artistic portraits, and captivating street photos. Making your photos stand out and elevate your composition abilities. This class will include off location meet-ups and your own camera is required (camera phone, DSLR or any digital camera will do).

> Mondays | 6:30-8pm \$80 | \$70 Members

SEWING 101: ADULTS

HAZEL

AND THE

EMPTY

EASEL

Ages 17+ | June 19- Aug 7 (8 weeks) | Margaret Perez

Fix up those clothes, get that perfect fit all while giving them personality. Learn sewing basics and build your skills each week. Hand-sewn and sewing machine basics, fabric selection and fabric cutting are involved in this class. Also create fun projects like totes, pillows, plushies and more.

> Thursdays | 5-6pm \$130 | <mark>\$</mark>120 Members



SUMMER LIBRARY TOUR

AUDITIONS: Saturday, May 31 10 minute slot Ages: 13-19

REHERSAL DATES: June 23 - July 11

TOUR DATES: July 14 - July 25



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1 DAY WORKSHOPS

MUSIC

KARAOKE SOCIAL FOR SPECIAL NEEDS TEENS AND ADULTS Ages 13+ | June 20, July 18, Aug 1 | 5:30-6:30pm

Amanda Cardinal

1DAY

A karaoke social for teens and adults with special needs and their families. Come and have some fun socializing and singing along to a variety of songs! Participants will get the option to choose songs and sing to either a karaoke track or with live accompaniment if the song is known to the facilitator.

> Three Fridays, 6/20, 7/18, 8/1 - 5:30-6:30 \$60 | \$50 Members

MARTIAL ARTS

BE STRONG, BE SAFE, BE YOU

August 5 & 7 | 7:15-9:15pm | Tammy Rider | Ages 14+

This seminar is designed for ALL women. Each participant will gain valuable knowledge and practical skills in the areas of self preservation, self-defense, and situational awareness. Each participant will be instructed in the physical and mental skills needed to keep oneself safe or to defend oneself from an attacker. Potentially sensitive topics will be discussed in a respectful, caring manner. The objective of this series is to become aware, prepared, confident, and unafraid. East Coast Karate of the Yocum Institute Black Belt Instructors will effectively and safely educate each participant.

Please wear comfortable exercise clothes: long pants or shorts, t-shirt, comfortable sneakers. Bring a water bottle.

\$100 | \$90 Members





GLASS SERIES: FUSED GLASS GARDEN STAKE Monday, June 23 | 4-6pm | Kim Monjoy | Ages 13+

Participants will design and create a colorful one-of-a-kind garden stakes using fused glass techniques and Bullseye glass. Learn to cut, layer and fuse glass to create stunning designs that will add a pop of color and personality to your garden or outdoor space. Each person will make a garden stake. Perfect for beginners or glass enthusiasts alike! All supplies are included in the cost of this class. Pick up piece after firing.

\$75 (no member discount)

GLASS SERIES: GLASS FLOWER/PLANT

Monday, June 30 | 4-6pm | Kim Monjoy | Ages 13+

JL DAY

Participants will create a beautiful personalized glass flower or plant that will never need watering! Using vibrant Bullseye glass and fused glass techniques you will assemble a unique piece of art that adds a lasting colorful touch to any space. Perfect for beginners or experienced glass artists, this workshop allows you to create a timeless piece that brings nature's beauty to life in glass. All supplies are included in the cost of this class. Pick up piece after firing.

\$75 (no member discount)

GLASS SERIES: 8X10 GLASS PHOTO FRAME

Tuesday, July 8 | 6-8pm | Marie Stalnecker | Ages 20 +

Learn the art of glass cutting, arranging, and fusing as you design and build your own 8x10 custom photo frame perfect for showcasing your favorite memories. Featuring Bullseye glass and easy to build. No experience required and all materials will be provided. Explore the beauty of fused glass.

Must pick up your project after firing.

\$75 (no member discount)

GLASS SERIES: FUSED SUNCATCHERS

Monday, July 14 | 4-6pm | Kim Monjoy | Ages 13 +

Catch those summer rays with a colorful, radiant piece of art that's perfect for brightening any window. Using Bullseye glass, students will learn the basics of glass cutting, layering and fusing to craft a unique suncatcher that catches the light and adds a touch of beauty to your home or space. No experience required. All supplies are included in the cost of this class. Pick up piece after firing.

\$75 (no member discount)



GLASS SERIES: MAKING GLASS JEWELRY

Wednesday, July 23 | 5-8pm | Marie Stalnecker | Ages 20 +

Make unique and wearable art by fusing Bullseye glass to create custom jewelry pieces. Using vibrant glass colors and shapes and dichroic glass, you'll design your own pedants, earring and more! Whether you're new to glasswork or looking to expand your skills, this hands-on class will guide you through the process of making beautiful jewelry that's as personal as it is stunning. Make 6-8 pieces to take home after firing. All materials will be provided.

\$80 (no member discount)

GLASS SERIES: TRINKET TRAY FUN IN GLASS

Friday, August 1 | 1-4pm | Marie Stalnecker | Ages 15 +

Design and create your very own custom trinket tray. Using colorful Bullseye glass pieces, you'll explore glass cutting, layering and fusing techniques to make a functional and beautiful tray perfect for holding jewelry, keys or small treasures. Whether you're a beginner or have some experience with glasswork, this class will guide you through every step to create a one-of-a-kind piece of art you can display at home. Students will make 2 dishes to take home. Must pick up your project after firing. **\$80 (no member discount)**

GLASS SERIES: MAKING GLASS JEWELRY

Friday, August 8 | 11am-2pm | Marie Stalnecker | Ages 20 +

Make unique and wearable art by fusing Bullseye glass to create custom jewelry pieces. Using vibrant glass colors and shapes and dichroic glass, you'll design your own pedants, earring and more! Whether you're new to glasswork or looking to expand your skills, this hands-on class will guide you through the process of making beautiful jewelry that's as personal as it is stunning. Make 6-8 pieces to take home after firing. All materials will be provided.

\$80 (no member discount)





1 DAY WORKSHOPS

FIGURE DRAWING CLASS

Ί DAY

Wednesdays | 6:30-8:30pm | Moderator | June 4, July 2, August 6 | Ages 21+ A true artist's class. Using a live model with traditional time based practice sessions. With no instructor, participants will be able to have independent study, while also building an artistic community. Master your drawing skills and anatomy. Using special props, lighting and furniture Yocum's unique figure drawing class will feature a final themed pose inspired by a famous artwork each month.

B.Y.O.S. Bring your own supplies. And B.Y.O.B. light refreshments allowed. Must be 21 or over. Absolutely no photography.

\$20 per person/per class - No member discount

SUNSET SOLSTICE PLEIN AIR PAINTING

Friday, June 20 | 5-8pm | Andrew & Nadia Pochan | Ages 21 +

An adult painting workshop focusing on plein air painting. In this class students will focus on the traditional techniques of plein air painting, including creating atmosphere, capturing light, color mixing and creating dynamic compositions. Enjoy a relaxing and creative experience while you create a masterpiece inspired by nature. Students will be required to bring their own supplies. Students can choose acrylic or oil paints to work with. The teachers will send an email with suggested supplies the week before the workshop. We will meet at the Yocum Institute and drive to a specified location. Transportation and supplies are required. BYOB *Rain Date Sat June 21*

\$30 (no member discount)

CHRISTMAS IN JULY SOY CANDLE WORKSHOP

Thurs, July 24 | 6-8pm | Corina Piller (She Paints LLC) | Ages 21 + Christmas in July! Get into the Christmas spirit early this year by celebrating half Christmas at Yocum! Pour your very own handcrafted soy wax candle and tea light candles. Choose from a variety of quality, Winter inspired phthalate free oils. You will pour (1) amber glass jar candle and 4 tea lights. An assortment of crystal chips, biodegradable glitters, and themed wax melt embeds will be provided to decorate your candles.

Individual tea lights hold .6 oz of wax and burn up to 5 hours each. Trade tea lights you create with others in the group to leave with a variety of scents infused with each individual's creative expression. Great for the whole family! *Complimentary refreshments including wine are provided to enhance your candle making experience.

\$45 (no member discount)